ATLANTIC SEAFOOD RESTAURANT

Lot TG-MW-001 & 004, Ground Floor, Main Wing Tropicana Golf & Country Club, Jalan Kelab Tropicana, 47410, Petaling Jaya, Selangor Darul Ehsan, Malaysia.

Tel: 03-7804 8182

UNIQUE SEAFOOD PJ23

Lot 9B-3, Jalan Kemajuan, Section 13, 46200 Petaling Jaya, Selangor.

Tel: 03-7960 2088 / 2066 HP: 016-210 4266

ELITE GRAND BALLROOM

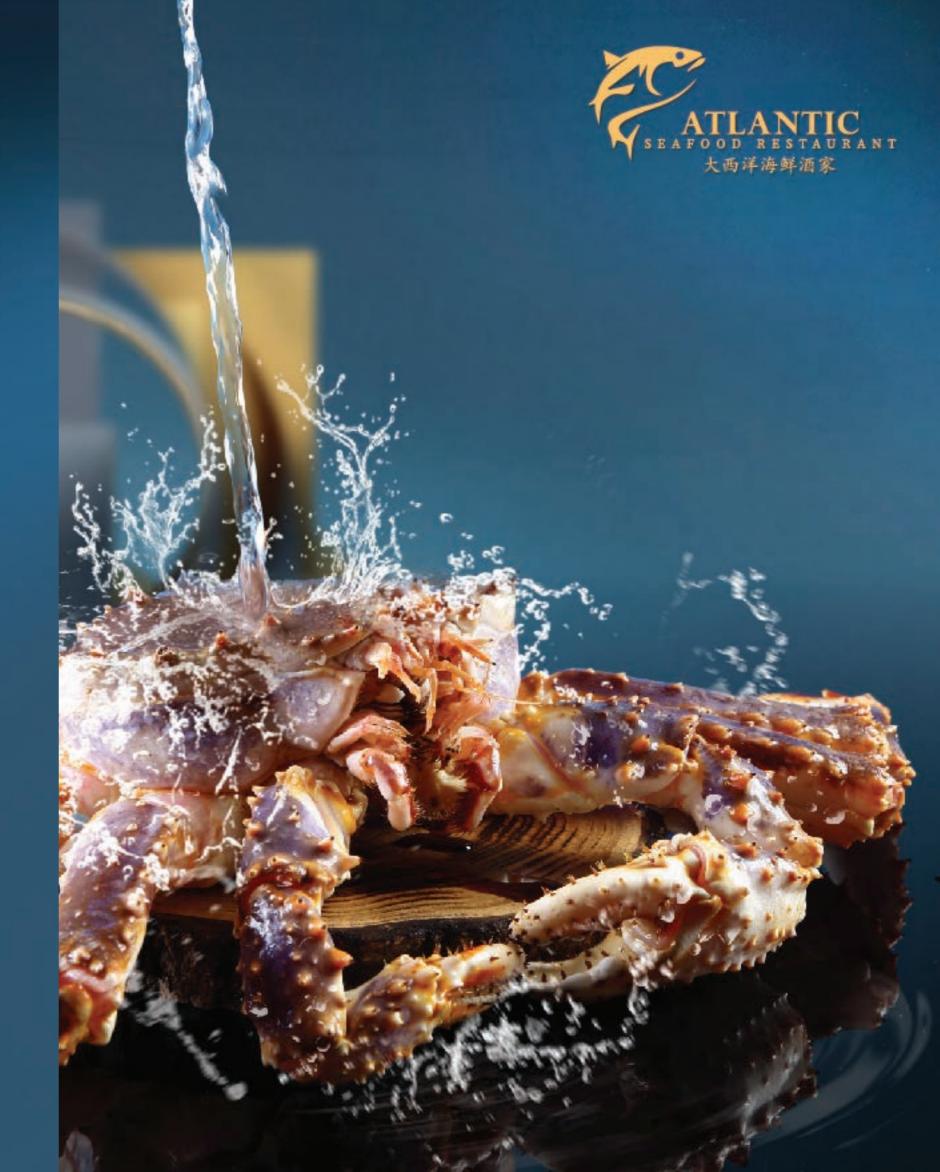
Lot 8A, Jalan 13/2, Section 13, 46200 Petaling Jaya, Selangor.

HP: 017-212 3128 / 016 715 6636

PANTAI SEAFOOD RESTAURANT

No.13575, Jalan Cempaka Kg, Kampung Sg Kayu Ara, 47400 Petaling Jaya, Selangor.

Tel: 03-7725 5099 / 1099 HP: 016-210 4366

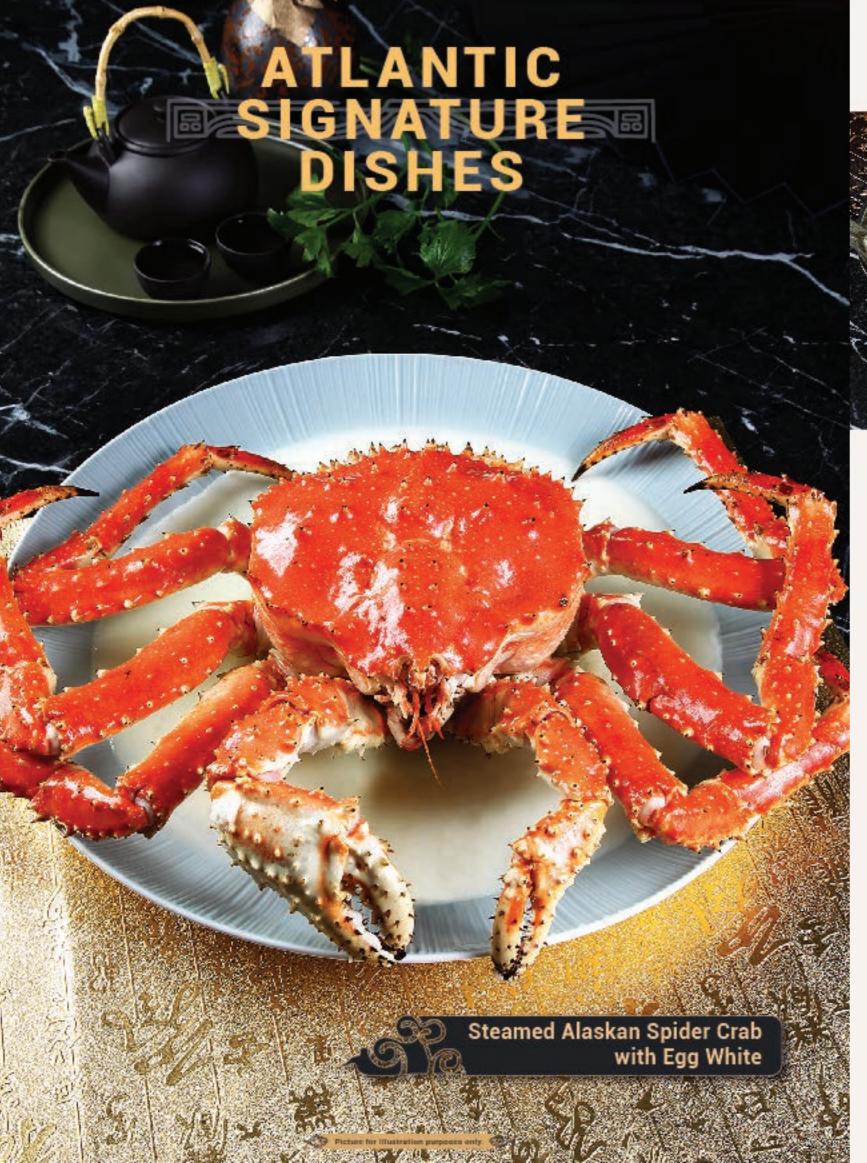








- 2. Steamed Alaskan Spider Crab with Egg White
- 3. Braised Snow Crab in Golden Imperial Soup
- 4. Indonesian Meat Crab with 'Atlantic' Chili Sauce & Fried Bun
- 5. Steamed Scotland Scallop with Minced Garlic & Vermicelli
- 6. French Style Cheese Baked Oyster
- 7. Steamboat Geoduck
- 8. Poached Live Tiger Prawn
- 9. Steamed King Grouper Fish in Slices with Soy Sauce & Beancurd
- o. 'Atlantic' Signature Big Pot Fish with Assorted Seafood
- Stir Fried Abalone with Oyster Sauce & Fried Ginger with Picked Cucumber
- 12. Grilled Live Fish in Banana Leaves
- 13. Sous Vide Deep Sea Star Grouper
- 14. Braised Crab with Cream Sauce in Pumpkin







- 1. Boston Lobster
- 2. Big / Small Green Lobster
- 3. Australian Lobster
- 4. Local Baby Lobster

- 5. Big Rainbow Lobster
- 6. California Lobster
- 7. Mexican Lobster
- 8. Scotland Lobster

Cooking Style

- A. Steamboat with Superior Soup 👲
- B. Sashimi with Caviar 👲
- Braised with Golden Imperial Soup
- D. 'French' Style Cheese Baked
- E. Stir Fried with Spring Onion & Ginger
- F. Salt & Pepper with Condiments
- G. Baked with Black Truffle & Superior Soup

- H. Fruit Salad Combination
- 1. Buttermilk sauce
- J. Stir Fried with Evaporated Milk & Chili
- K. Indonesian Style Curry
- L. Steamed with Egg White
- M. Claypot Vermicelli with Spring Onion & Ginger
- N. Claypot Vermicelli with Black Pepper

TWO VARIETY COOKING STYLE

- Braised Lobster Head & Claws with E-fu Noodles
- II. Lobster Head & Claws Porridge
- III. Egg Noodles with Spring Onion & Ginger
- IV. Teow Chew Braised Rice

 Two Cooking Style
 Additional RM 20

 Add Noodles
 RM 15 (S)
 RM 20 (M)
 RM 25 (L)

 Steamboat
 Additional RM 25









- 1. Big / Small Flower Crab
- 2. Indonesian Small Meat Crab
- 3. Indonesian Big Meat Crab
- 4. Spider Crab (Alaskan King Crab)
- 5. Australian King Crab
- 6. Australian Snow Crab

- 7. S.African Big Meat Crab
- 8. Sri Lanka Big Meat Crab
- Boston Snow Crab
- 10. Dungeness Crab
- 11. Irish Crab

Cooking Style

- A. Steamed with High Heat
- B. Braised with Golden Imperial Soup
- C. Kam Heong Baked
- Braised with Cream Sauce in Pumpkin
- E. Salt & Pepper with Condiments
- F. Baked with Salted Egg Yolk 👶

- G. Baked with Black Pepper
- H. 'Atlantic' Chili Sauce 👲
- Stir Fried with Evaporated
 Milk & Chili
- J. Steamed with Egg White
- K. Braised with E-fu noodles, Spring Onion & Ginger
- L. Baked with Black Truffle

Two Cooking Style Additional RM 20
Add Noodles RM 15 (S) RM 20 (M) RM 25 (L)
Steamboat Additional RM 25





1. Canadian Geoduck

2. Californian Geoduck

🛥 Cooking Style 🖭

GEODUCK

- A. Sashimi with Wasabi 👲
- B. Steamboat with Superior Soup 💍
- Stir Fried with Oyster Sauce with Fried Ginger
- D. Stir Fried with Spring Onion & Ginger 🙋
- E. Stir Fried with X.O Sauce
- F. Stir Fried with Dried Shrimp & Chili 🧔

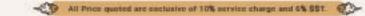
GEODUCK GALLBLADDER

- Porridge
- II. Salt & Pepper with Condiments
- III. Western Style Nestum

Two Cooking Style Additional RM 20

Add Noodles RM 15 (S) RM 20 (M) RM 25 (L)

Steamboat Additional RM 25







EGEODUCKE





- 1. Tiger Prawn
- 2. Fresh Water Prawn

3. Mantis Prawn

프 Cooking Style 🖭

- A. Poached 😂
- B. Steamed with Egg White
- c. Mixed Fruit Salad
- D. Braised with Milky Cream
- E. Vietnamese Style Lemongrass
- F. Steamed with Minced Garlic & Vermicelli O
- G. Salt & Pepper with Condiments
- H. Pan Fried with Superior Soy Sauce 4

- I. Western Style Nestum 🧔
- J. Western Style Egg Floss 👶
- K. Baked with Salted Egg Yolk
- L. Stir Fried with Evaporated Milk & Chili
- M. Kam Heong Baked
- N. 'Atlantic' Chili Sauce
- O. Claypot Vermicelli with Spring Onion & Ginger
- P. Baked with Marmite Sauce





PRAWN





- 1. South African Abalone
- 2. Australian Blg Abalone

- 3. Australian Small Abalone
- Cooking Style
- A. Sashimi with Wasabi 🗳
- B. Steamed with Shredded Ginger
- C. Stir Fried with Oyster Sauce & Fried Ginger with Pickled Cucumber ©
- D. Pan Fried with Superior Soy Sauce

- E. Braised with Osyter Sauce
- F. Steamed with Minced Garlic & Vermicelli
- G. Stir Fried with Spring Onion & Ginger
- H. Steamed with Ginger & Tangerine Peels O

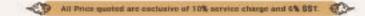
 Two Cooking Style
 Additional RM 20

 Add Noodles
 RM 15 (S)
 RM 20 (M)
 RM 25 (L)

 Steamboat
 Additional RM 25

Stir Fried Abalone with Oyster Sauce & Fried Ginger with Pickled Cucumber

ABALONE







1. Soo Mei 12 Patin Soo Xu Pan Sea Grouper Pak So Kong Sturgeon Fish **Red Tilapia Turbot Fish** Lao Shu Ban China Haruan Fish U.S. Red Cat Red Grouper King Grouper Golden Jade Tilapia Kerai Fish 6. Scallop Red Snapper Empurau / Wang Bu Liao 17. Hoi Thye Gai Silver Snapper Ma Yau **Estuary Grouper** 18. 8. Tong Sing Norway Dam Tilapia Low Fu Pan / Kelapu Harimau Silver Pomfret / Bawal Emas 9. Sei Sing River Pak Sou Gong **Australian Jade Perch** 10. Tai Sing Sea Siakap

Cooking Style

F. Steamed with Nyonya Sauce O

- A. Steamed, Hong Kong Style O
- Steamed with Spicy Bean Sauce

11. Soon Hock

- C. Grilled in Banana Leaves 🖒
- D. Steamed, Teow Chew Style
- E. Fish Slice Steamed with Soy Sauce & Beancurd

- G. Steamed with Asam Sauce
- H. Steamed with Lime

Siakap Fish

- Deep Fried with Sweet & Sour Sauce
- J. Deep Fried with Peanuts in Thai Style

K. Crispy Deep Fried O

Small Estuary Grouper

- L. Deep Fried with Balacan
- M. Deep Fried with Three Flavour Sauce
- N. Sliced & Stir Fried with Yellow Capsicum

TWO VARIETY COOKING STYLE

- Salt & Pepper with Condiments
- II. Kam Heong
- III. Stir-Fried with Belacan & Ladies Finger
- IV. Beancurd & White Cabbage Soup
- V. Teow Chew Style Salted Vegetable & Beancurd Soup
- VI. Ginger & Bitter Gourd Soup
- VII. Chinese Pasley, Century Eggs & Tomato Soup
- VIII. Braised with Indonesian Curry

BODY & TAIL

- Braised with Bean Sauce & Bitter Gourd
- II. Braised with Beancurd Skin & Brinjal
- III. Braised with Salted Fish & Brinjal
- IV. Braised with Salted Shrimp Paste & Lady Finger

Two Cooking Style			ional RM 20
Add Noodles	RM 15 (S)	RM 20 (M)	RM 25 (L)
Steamboat		- Addit	ional RM 25

000





- 1. Kepah
- 2. Lokan
- Blood Clam
- 4. Siput Cangkul
- 5. Japanese Snail

- 6. Fresh Scallop
- 7. Canadian Oyster
- 8. Scotland Clam
- 9. Gui Fei Clam
- 10. Black Mussel

- 11. Green Mussel / Kupang
- 12. Manila Clam
- 13. Scotland Scallop

프 Cooking Style 😐

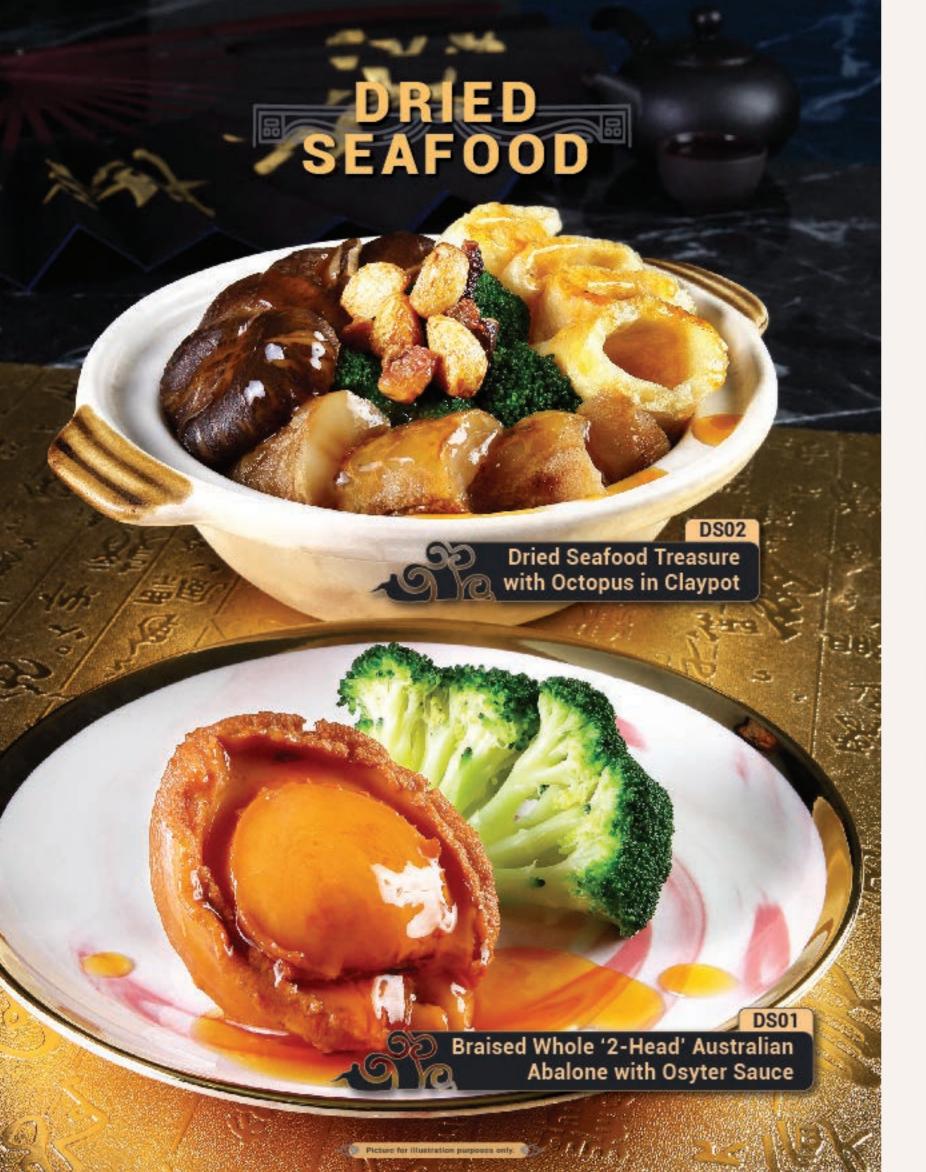
- A. Steamed with Black Bean Sauce
- B. Kam Heong
- C. Braised with Superior Soup 👶
- D. Steamed with Minced Garlic & Vermicelli
- E. Poached
- F. Stir Fried with Dried Shrimp & Chili

- G. "Kung Pao" Style
- H. Stir Fried with Spring Onion & Ginger
- I. Stir Fried with Black Pepper
- J. Sashimi with Wasabi
- K. Stir Fried with Bean Sauce & Diced Long Bean
- L. French Style Cheese Baked O









DS01.	Braised Whole '2-Head' Australian Abalone with Oyster Sauce	_{вм} 168 (Per Pc)	
DS02.	Dried Seafood Treasure with Octopus in Claypot 👶	ям 165 (S) ям 330 (B)	
DS03.	Braised '10-Head' Abalone with Eight Treasure with Golden Imperial Sauce	nm 308 (Per Portion)	
DS04.	Stewed Whole Sea Cucumber with Assorted Seafood 1 DAY PRE-ORDER	SEASONAL PRICE	
DS05.	Chilled '10-Head' Whole Abalone Sashimi	RM 55 (Per Portion)	





SF09 Braised Shark's Fin Soup in Thai Style with Fish Maw & Black Garlic

Braised Shark's Fin Soup with Crab Meat & Fresh Scallop

De de de

7

SHARK'S FIN

SF01.	Braised Shark's Fin Soup with	пм	28	(Per	Bowl)	пм	120	(S)	пм 240 (В)
	Crab Roe in Traditional Way		12.2						5000
SF02.	Braised Shark's Fin Soup with Crab Meat	пм	28	(Per	Bowl)	пм	120	(S)	пм 240 (L)
	Clab Meat								
SF03.	Braised Shark's Fin Soup with Crab	ВМ	28	(Per	Bowl)	пм	120	(S)	пм 240 (L)
	Meat & Whole Dried Scallop								
SF04.	Braised Shark's Fin Soup with Crab	ВМ	33	(Per	Bowl)	пм	130	(S)	вм 260 (L)
	Meat & Fresh Scallop 👶								
SF05.	Braised Shark's Fin Soup with	пм	28	(Per	Bowl)	пм	120	(S)	пм 240 (L)
	Shredded Chicken								
SF06.	Stir Fried Shark's Fin with Scramble					ВМ	60	(S)	пм 120 (L)
	Eggs & Bean Sprout								
SF07.	Braised Shark's Fin Soup with							пм	68 (Per Bowl)
	Superior Chicken Soup								
SF08.	Braised Shark's Fin Soup in							RM	68 (Per Bowl)
	Cantonese Style								
SF09.	Braised Shark's Fin Soup in Thai Style							ВМ	88 (Per Bowl)
	with Fish Maw & Black Garlic 🖒								

BISQUE

B001.	Szechuan Hot & Sour Bisque	пм	18 (Per Bowl)	пм	50 (s)	пм 100 ₪
B002.	Crab Meat & Sweet Corn Bisque	RM	18 (Per Bowl)	ВМ	50 (s)	пм 100 (L)
B003.	Seafood Beancurd Bisque	пм	18 (Per Bowl)	ВМ	50 (s)	пм 100 (L)
B004.	Vegetable & Beef Bisque	пм	18 (Per Bowl)	ВМ	50 (s)	пм 100 (L)







S001.	Salt & Pepper Soft Shell Crab with Condiments ©	пм	88	(S)	пм 176 (∟)
S002.	Crispy Soft Shell Crab with Salted Egg Yolk	пм	88	(S)	вм 176 ⟨⊔
S003.	BBQ Grilled Squid 👶		S	EAS	ONAL PRICE
S004.	Crispy Deep Fried Squid	ВМ	55	(S)	nм 110 (L)
S005.	Salt & Pepper Squid with Garlic	RM	55	(s)	лм 110 W
S006.	Deep Fried Fish Fillet with Special Sauce in Thai Style	пм	45	(S)	_{пм} 90 (L)
S007.	Braised Fish Fillet with Onions in Claypot	пм	45	(S)	пм 90 (L)
S008.	Braised Fish Fillet with Vermicelli & Black Pepper Sauce in Claypot	ВМ	45	(S)	вм 90 (⊔)
S009.	Stir Fried Scallops with Assorted Vegetables & Macadamia Nuts	ВМ	88	(S)	лм 176 (L)
S010.	Stir Fried Scallop & Garden Green with X.O Sauce	пм	88	(S)	лм 176 (L)

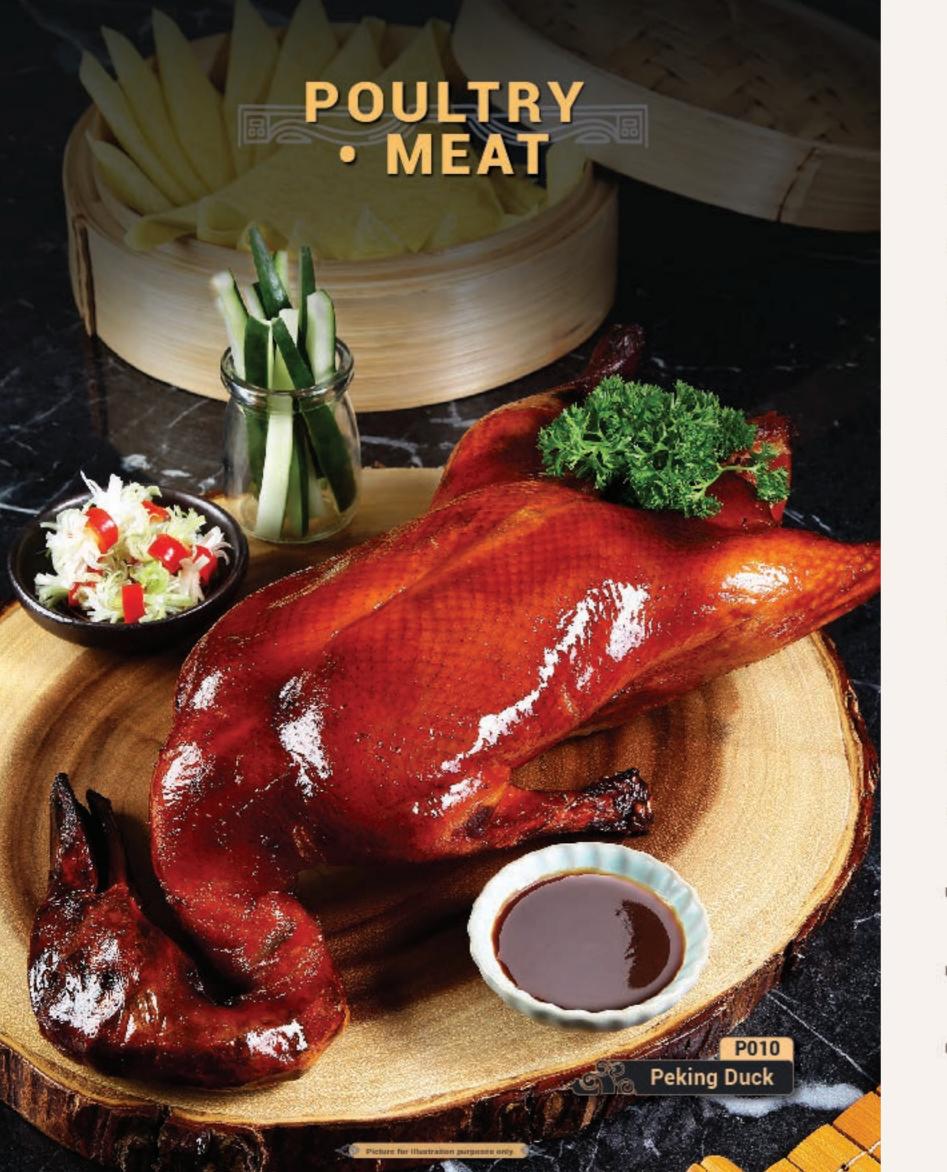




C001.	Curry Tiger Prawn in Indonesian Style		S	EASO	NAL	PRI	CE
C002.	Braised Fresh Water Prawns with Ginger, Spring Onion & Vermicelli		S	EASO	NAL	PRI	CE
C003.	Claypot Eggplant with Minced Chicken & Salted Fish	пм	35	(S)	RM	70	(L)
C004.	Braised Chicken in Taiwanese Style	пм	45	(S)	RM	90	(L)
C005.	Braised Chicken with Yam & Salted Fish	пм	45	(S)	пм	90	(L)
C006.	Braised Fish Fillet with Smoked Garlic, Bitter Gourd & Black Beans	пм	35	(S)	RM	70	(L)
C007.	Braised Fish Fillet with Chilli Padi, Vermicelli & Lemongrass	пм	35	(s)	ВМ	70	(L)
C008.	Braised Seafood with Tofu & X.O Sauce	пм	35	(S)	RM	70	(L)
C009.	Braised Sea Cucumber with Black Truffle & Onions	ВМ	98	(S)	вм 1	96	(L)
C010.	Braised Venison Meat with Assorted Mushrooms	пм	55	(S)	вм 1	10	(L)
C011.	Braised Cabbage & Vermicelli with Preserved Beacurd	пм	35	(S)	пм	70	(L)
C012.	Traditional Braised Vegetables & Vermicelli	ВМ	35	(S)	RM	70	(L)
C013.	Curry Mixed Vegetables & Vermicelli	ВМ	35	(S)	RM	70	(L)







P001.	" Shunde's " Specialties Chicken	вм 75 (Half) вм 150 (Whole)
P002.	Chicken with Sand Ginger	пм 75 (Half) пм 150 (Whole)
P003.	Crispy Roasted Village Chicken	RM 65 (Half) RM 130 (Whole)
P004.	Deep Fried Chicken with Dried Chili & Lady Finger	пм 45 (s) пм 90 (L)
P005.	Sweet & Sour Chicken	пм 30 (s) пм 60 (L)
P006.	Deep Fried Chicken with Shrimp Paste & Sesame	пм 30 (s) пм 60 (L)
P007.	Thai Style Chicken Chop with Mango	лм 40 (s) лм 80 (L)
P008.	Lemon Chicken Chop	вм 40 (S) вм 80 (L)
P009.	Kung Pao Chicken with Cashew Nuts served in Yam Ring	RM 50 (Per Portion)
P010.	Peking Duck	nм 90 (Half) nм 180 (Whole)
P011.	Crispy Smoked Duck with Special Orange Sauce	ям 35 (Per Pc)
M001.	Mongolian Lamb Chop Accompanied with Chilled Okra MIN 2 PCS	пм 35 (Рег Рс)
M002.	Fried Australian Venison Meat with Ginger & Spring Onion	пм 55 (S) пм 110 (L)
M003.	Fried Australian Venison Meat with Black Pepper Sauce	лм 55 (S) лм 110 (L)





V001.	Claypot Lettuce with Shrimp Sauce	пм	35	(S)	RM	70	(L)
V002.	Fried Four Varieties Beans with Balacan	пм	40	(S)	пм	80	(L)
V003.	Stir Fried Kangkung Belacan	пм	35	(S)	пм	70	(L)
V004.	Stir Fried Lettuce with Salted Fish & Lemon	пм	35	(S)	пм	70	(L)
V005.	Stir fried Lotus Root with Petal, Dried Shrimp & Chili Padi	пм	40	(S)	пм	80	(L)
V006.	Stir Fried Assorted Vegetables with Macadamia Nuts	пм	40	(S)	пм	80	(L)
V007.	Hong Kong Kailan in Two Varieties	пм	40	(S)	пм	80	(L)
V008.	Stir Fried Dragon Chives with Bean Sprout, Salted Fish & Lime	пм	40	(S)	пм	80	(L)
V009.	Chinese Spinach in Superior Soup	ВМ	35	(S)	пм	70	(L)
V010.	Seasonal Vegetable in Egg Gravy	пм	35	(S)	пм	70	(L)
V011.	Braised Beancurd Skin with Vermicelli & Vegetables	пм	35	(S)	пм	70	(L)
V012.	Stir Fried Assorted Mushrooms with Ginger & Spring Onion	пм	40	(S)	RM	80	(L)
V013.	Stir Fried Hong Kong Kailan with Black Fungus & Ginger	пм	40	(S)	пм	80	(L)
V014.	Organic Vegetables : Dragon Chives / Broccoli / Asparagus	пм	40	(S)	RM	80	(L)





T001.	Chilled Tofu with Onion Oil (Cold / Hot)	пм	30	(S)	пм	60	(L)
T002.	Deep Fried Homemade Tofu with Pumpkin Sauce	пм	30	(S)	ВМ	60	(L)
T003.	Crispy Tofu in Thai Style	пм	30	(S)	пм	60	(L)
T004.	Braised Homemade Tofu Chef Signature Style 👶	пм	30	(S)	ВМ	60	(L)
T005.	" Ma Po " Beancurd in Szechuan Style	пм	30	(S)	пм	60	(L)
T006.	Braised Homemade Tofu with Beancurd Skin & Garden Green	пм	30	(S)	пм	60	(L)
T007.	Braised Homemade Tofu with Angel Luffa & Garlic 🖒	пм	30	(S)	ВМ	60	(L)
T008.	Pan Fried Eggs in " Fu Yong " Style	ВМ	23	(S)	пм	46	(L)
T009.	Steamed Egg with Salted Egg Yolk & Century Egg	пм	23	(S)	пм	46	(L)
T010.	Fried Egg with Shrimp in Hong Kong Style 👲		ì	ъ 30	(Per	Port	lon)
T011.	Fried Egg with Crab Stick & Pine Nuts 🖒		er.	ъ 40	(Per	Port	lon)





N001.	Braised E-fu Noodles with Tiger Prawns, Ginger & Spring Onion		S	EAS	ONAL	PRI	CE
N002.	Fried Vermicelli with Chef Special Sauce	пм	40	(S)	RM	80	(L)
N003.	" Mee Sua " in Superior Soup with Fish Paste	пм	35	(S)	пм	70	(L)
N004.	Braised E-fu Noodles with Assorted Mushroom & Black Truffle	пм	35	(S)	пм	70	(L)
N005.	Cantonese Fried Kuey Teow with Seafood & Vegetable	пм	35	(S)	RM	70	(L)
N006.	Fried Kuey Teow with Beef & Black Bean Sauce	пм	40	(S)	RM	80	(L)
N007.	Braised "Mee Pok" with Black Truffle 👶	пм	35	(S)	RM	70	(L)
N008.	Fried Kuey Teow with Beef in Hong Kong Style	RM	40	(S)	пм	80	(L)
N009.	Signature Fried Egg Noodle with Premium Soy Sauce	пм	35	(S)	RM	70	(L)
N010.	Braised E-fu Noodles with Crab Meat, Dried Scallop & Enoki Mushroom	пм	40	(S)	ВМ	80	(L)
N011.	Braised Egg Noodle with Fresh Water Prawn, Ginger & Spring Onion in Traditional Style		S	EAS	ONAL	PRI	CE
N012.	Longevity Noodles	пм	35	(S)	пм	70	(L)
R001.	Fried Rice in Malay Style	пм	40	(S)	пм	80	(L)
R002.	Egg Fried Rice with Shrimp Paste & Anchovies	пм	35	(S)	RM	70	(L)
R003.	Fried Rice in Yangzhou Style	пм	35	(S)	пм	70	(L)
R004.	Egg Fried Rice with Minced Chicken & Olive Vegetables	пм	35	(S)	RM	70	(L)
R005.	Egg Fried Rice with Shredded Ginger & Sasame Oil	пм	35	(S)	пм	70	(L)
R006.	Fried Rice with Egg White & Scallops 👶	пм	88	(S)	вм 1	76	(L)



HV01.	"Luo Han" Mixed Vegetables Treasure	RM	30	(S)	ПМ	60	(L)
HV02.	Vegetarian Prawn with Egg Floss 👶	пм	40	(S)	пм	80	(L)
HV03.	Deep Fried Enoki Mushrooms	пм	30	(s)	пм	60	(L)
HV04.	Braised E-Fu Noodles with Mixed Vegetables	пм	30	(S)	пм	60	(L)
HV05.	Vegetarian Fried Rice	пм	30	(S)	ВМ	60	(L)
HV06.	Mixed Vegetables in Yam Basket 👶	RM	50	(S)	пм	100	(L)
HV07.	Stir Fried Assorted Vegetable with Black Truffle	RM	40	(S)	ВМ	80	(L)



D001.	Seasonal Mixed Fruits Platter				пм	25 (s)	RM	40 (L)
D002.	Mango Mixed Fruits Platter				пм	35 (s)	RM	70 (L)
D003.	Refreshing Osmanthus Jelly with Wolfber	ry				пм 12	2 (Per	Portion)
D004.	Crispy Chinese Pan Cake					пм	15	(Per Pc)
D005.	Crispy Fried Durian Puff SPCS					пм 20) (Per	Portion)
D006.	Glutinous Rice Ball with Red Bean Cream & Preserved Mandarin Peel					пм	15 (Pe	er Bowl)
D007.	Glutinous Rice Ball with Ginger Soup	от				пм	15 (Pc	er Bowl)
D008.	Sweetened Red Bean Cream with Preserved Mandarin Peel	пм	12	(Per Bowl)	пм	35 (s)	RM	70 (L)
D009.	Sweetened Longan with Sea Coconut & Lemon	пм	12	(Per Bowl)	пм	35 (s)	RM	70 W
D010.	Chilled Mango Sago Cream with Pomelo					пм	15 (Pe	er Bowl)
D011.	Sweetened Water Chestnut					пм	12 (P	er Bowl)



